



Pilgrim Application

- ☐ Women's Walk 105(Sept 17-20th)
☐ Mens walk 106 (August 6-9th)

Date					
FName		LName		Gender	
Address					
City		State		Zip	
Email			CPhone		
Church			Pastor		
Church role: Circle one	Pastor/leader I attend: Regularly Occasionally Rarely				
Sponsor's name					
Age		Occupation			
SpouseName			Spouse attended a Walk? Y N		
Emergency Contact			EMRPhone#		

What to bring? See the back of this page.

Special Diet ¹		
Prescribed Meds:		
Mobility Limits: ²		
Do you smoke?	Yes No	
Why You decided to walk?		

¹Special diets (glutton free, dairy free, vegetarian) are available.

²Camp Sumatanga is not ADA compliant. No elevators. 19 step stairway is used several times daily.

By my signature below, I hereby authorize representatives of the Birmingham Emmaus Community to act on my behalf according to their best judgment in any emergency. In consideration for the acceptance of this Pilgrim's application, I hereby waive and release the Birmingham Emmaus Community from any and all liabilities which may arise during my participation in a Walk to Emmaus.

Applicants Signature: _____ Date: _____

Mail your form to:
Christina Lowe, Registrar
65 Pine Lane Warrior, AL 35180
205-285-4356

Paying cash/check? Include \$200 with your form.
Paying thru CashApp? Pay \$200 at \$BhamEmmaus
Paying thru Square? Scan QR code and pay \$207.





Pilgrim Application

Please clear your schedule for the entire time of the walk. It is imperative that nothing interrupts you (phone calls - leave your phone at home-, no drop-in visits, outside concerns, etc.) during this time. In case of an emergency, your family will call your sponsor to facilitate any necessary communications with you. Please make sure they have your sponsor's contact information.

Your sponsor will arrange to pick you up and bring you to the walk on that Thursday. Your sponsor will make similar arrangements for your return home on that Sunday.

What to bring:

- **Bible:** If you wish. Any version you're most comfortable with
- **Clothes for Each Day:** Casual dress. Don't forget to pack a sweater or long pants. Even if your event is in the summer, sometimes indoor spaces can be cool – perhaps layering options for flexibility.
- **Toiletries:** Bring personal items like shampoo, conditioner, body wash, towel, washcloth, deodorant, toothbrush & toothpaste. There are two shared restrooms “down-the-hall” in your lodge, each with 2 showers (each with a small changing space/seat) 3 toilets and 3 sinks/mirrors. A housecoat and slipper/shower shoes are suggestions. The camp provides rubber shower mats in the restrooms.
- **Accommodation.** Camp Sumatanga is a camp. You will share a room with another pilgrim. Your room will have a twin bed (actually a de-constructed bunk bed) with a mattress. Each room has a sink and mirror. a work desk and small hanging closet. Sorry, only cold water in the rooms. The camp IS NOT ADA compliant. You will encounter a flight of 19 steps several times each day.
- **Medications:** You will see no clocks on your walk. If you reported that you take timed medications on your application, we will assign a person to make sure your medications are taken on time. If you medications need refrigeration make this known on your form so it can be accommodated
- **Bedding:** Bring a pillow, sheets for a twin bed (or a sleeping bag) and a blanket . . . or two, the camp provides only the twin sized mattress; you bring the rest.
- **Meals:** The menus are fixed and prepared off-site in the camp kitchen. If you reported diet restrictions on your application, these will be reviewed by the kitchen to assure they can comply. Low Fat or Low Cholesterol meals are not specially prepared. You will need to decide which part of the meal is appropriate for you (i.e. don't eat the bread on a sandwich). If this is critical for your diet, you may consider ordering a Vegetarian diet plan. Please contact your sponsor with any meal questions. The camp does not prepare vegan meals. While some foods may be salted (like French fries) nothing is heavily seasoned. Necessary condiments will be on each table.

Please contact your sponsor should you have any questions or concerns.